

# September 2017

## First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
				<b>1</b> Chicken Quesidillas Tator Tots Ketchup Fruit Milk
<b>4</b>  HAPPY LABOR DAY  <b>First Steps Closed</b>	<b>5</b> Beans and Wieners Cooked Carrots Bread with Jelly Milk	<b>6</b> Tator Tot Hotdish Cream Corn Pineapple Tidbits Milk	<b>7</b> Spaghetti Soup Crackers Cheese Sandwich Fruit Milk	<b>8</b> Sloppy Joes Spudsters Ketchup Pickles Milk
<b>11</b> French Toast Syrup Sausage Mandarin Oranges milk	<b>12</b> Meatballs with Gravy over Mashed Potatoes Green Beans Fruit Cocktail Milk	<b>13</b> Spaghetti Garlic Toast Lettuce with Red Ranch dressing Milk	<b>14</b> Vegetable Beef Noodle Soup Crackers Ham Sandwich Fruit Milk	<b>15</b> Turkey Wraps Sugar Snap Peas with Ranch Fruit Milk
<b>18</b> Beef Noodle Hotdish Wax Beans Bread and Butter Milk	<b>19</b> Cream Tuna on Toast Peas Sliced Apples Milk	<b>20</b> Sausage Rice Hotdish Peas and Carrots Peaches Milk	<b>21</b> Chicken Rice Soup Crackers Bologna Sandwich Fruit Milk	<b>22</b> Hot Dogs French Fries Ketchup Cauliflower with Ranch Milk
<b>25</b> Turkey Gravy over Rice Corn Fruit Milk	<b>26</b> Sausage Alfredo Lettuce with Red Ranch Dressing Pears Milk	<b>27</b> Egg Bake with Ham, Cheese and Hashbrowns Buttered Toast Applesauce Milk	<b>28</b> Baked Potato Soup Crackers Turkey Sandwich Fruit Milk	<b>29</b> Pizza Burgers Irish Potatoes Carrot Sticks with Ranch Milk

# First Steps Snack List

## September 2017

Mon	Tue	Wed	Thu	Fri
 <p><b>HAPPY LABOR DAY</b></p>				<p><b>1</b></p> <p>AM Snack Graham Grips Juice PM Snack Summer Sausage with Crackers / Water</p>
<p><b>4</b></p> <p><b>HAPPY LABOR DAY</b></p> <p><b>First Steps Closed</b></p>	<p><b>5</b></p> <p>AM Snack Donut Holes Milk PM Snack Animal Crackers Juice</p>	<p><b>6</b></p> <p>AM Snack Fruit and Crackers Water PM Snack Party Mix Juice</p>	<p><b>7</b></p> <p>AM Snack Granola Bars Milk PM Snack Ritz Bitz with Cheese Water</p>	<p><b>8</b></p> <p>AM Snack Quick Snack Mix Juice PM Snack Popcorn Water</p>
<p><b>11</b></p> <p>AM Snack Whales Juice PM Snack Fruit and Crackers Water</p>	<p><b>12</b></p> <p>AM Snack Strawberry Cream Cheese Wrap / Milk PM Snack Cereal Mix Water</p>	<p><b>13</b></p> <p>AM Snack Multi Grain Straws Water PM Snack Cheese Nips Juice</p>	<p><b>14</b></p> <p>AM Snack Puffcorn Water PM Snack Garlic Cheerios Juice</p>	<p><b>15</b></p> <p>AM Snack Vanilla Wafers Juice PM Snack Whole Grain Snack Mix / Milk</p>
<p><b>18</b></p> <p>AM Snack Fig Neutons Milk PM Snack Veggie Straws Water</p>	<p><b>19</b></p> <p>AM Snack Fruit and Crackers Water PM Snack Seasoned Pretzels Juice</p>	<p><b>20</b></p> <p>AM Snack White Cheddar Crackers / Juice PM Snack Fire Crackers Water</p>	<p><b>21</b></p> <p>AM Snack Blueberry Bagels Milk PM Snack Sift Breadsticks Water</p>	<p><b>22</b></p> <p>AM Snack Cheese and Crackers Water PM Snack Applesauce Water</p>
<p><b>25</b></p> <p>AM Snack Yogurt Water PM Snack Crunchy Breadsticks Juice</p>	<p><b>26</b></p> <p>AM Snack Rice Cakes Milk PM Snack Soft Pretzels/Dip Water</p>	<p><b>27</b></p> <p>AM Snack Wheat Thins Juice PM Snack Pretzels Water</p>	<p><b>28</b></p> <p>AM Snack Fruit Snacks Milk PM Snack Ranch Oyster Crackers / Juice</p>	<p><b>29</b></p> <p>AM Snack English Muffin Milk PM Snack Fruit and Crackers Water</p>