

OCTOBER 2017

FIRST STEPS LUNCH MENU

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Scalloped Potatoes with Ham Peas and Carrots Peaches Milk</p>	<p>3</p> <p>Hamburger Bean Bake Cooked Carrots Bread with Jelly Milk</p>	<p>4</p> <p>Tuna Melts Buttered Rice Beets Milk</p>	<p>5</p> <p>Chili Crackers Cheese Sandwich Fruit Milk</p>	<p>6</p> <p>Ham Wraps Carrot & Celery Sticks with Ranch Fruit Milk</p>
<p>9</p> <p>Chicken Alfredo Peas Apricots Milk</p>	<p>10</p> <p>Hamburger Gravy over Rice Cream Corn Pineapple Tidbits Milk</p>	<p>11</p> <p>Lasagna Garlic Toast Lettuce with Red Ranch Dressing Milk</p>	<p>12</p> <p>Tomato Rice Soup Crackers Grilled Cheese Sandwich Fruit Milk</p>	<p>13</p> <p>Mini Corn Dogs Potato Wedges Ketchup Cauliflower with Ranch Milk</p>
<p>16</p> <p>Tator Tot Hotdish Green Beans Sliced Apples Milk</p>	<p>17</p> <p>Sloppy Joe Pasta Honey Glazed Carrots Bread and Butter Milk</p>	<p>18</p> <p>Sausage Gravy over Buttermilk Biscuits Mixed Vegetables Applesauce Milk</p>	<p>19</p> <p>Rainbow Soup Crackers Bologna Sandwich Fruit Milk</p>	<p>20</p> <p>Sloppy Joes Tator Tots Ketchup Pickles Milk</p>
<p>23</p> <p>Macaroni and Cheese Lettuce with Red Ranch Dressing Pears Milk</p>	<p>24</p> <p>French Toast Syrup Polish Sausage Mandarin Oranges Milk</p>	<p>25</p> <p>Taco Casserole Wax Beans Plums Milk</p>	<p>26</p> <p>Knoephla Soup Crackers Chicken Salad Sandwich Fruit Milk</p>	<p>27</p> <p>Clean Out The Freezer Day 1/2 Banana Milk</p>
<p>30</p> <p>Hamburger Noodle Hotdish Corn Bread and Butter Milk</p>	<p>31</p> <p>Chicken Gravy over Mashed Potatoes Steamed Broccoli Fruit Cocktail Milk</p>			

SNACK LIST OCTOBER 2017

Mon	Tue	Wed	Thu	Fri
2 AM Snack Graham Grips Juice PM Snack Cinnamon Toast Crunch Bar / Water	3 AM Snack Donut Holes Milk PM Snack Fruit and Crackers Water	4 AM Snack Cereal Mix Juice PM Snack Chicken Bite Crackers Juice	5 AM Snack Granola Bars Milk PM Snack Ritz Bitz with Cheese Water	6 AM Snack Quick Snack Mix Water PM Snack Animal Crackers Juice
9 AM Snack Fruit and Crackers Water PM Snack Party Mix Juice	10 AM Snack Pretzels Juice PM Snack Whole Grain Snack Mix / Milk	11 AM Snack Whales Juice PM Snack Summer Sausage with Crackers / Water	12 AM Snack Multi Grain Straws Milk PM Snack Soft Breadsticks Water	13 AM Snack English Muffins Milk PM Snack Popcorn Water
16 AM Snack Raisins Milk PM Snack Garlic Cheerios Juice	17 AM Snack Yogurt Water PM Snack Wheat Thins Juice	18 AM Snack Vanilla Wafers Juice PM Snack Fruit and Crackers Water	19 AM Snack Puffcorn Water PM Snack Muffins Milk	20 AM Snack Trix Bars Water PM Snack Ranch Oyster Crackers / Juice
23 AM Snack Fruit Snacks Milk PM Snack Fire Crackers Water	24 AM Snack Fruit and Crackers Water PM Snack Cheese Nips Juice	25 AM Snack Blueberry Bagels Milk PM Snack Soft Pretzels / Dip Water	26 AM Snack Veggie Straws Juice PM Snack Applesauce Water	27 AM Snack White Cheddar Cracker / Juice PM Snack Cheese and Crackers Water
30 AM Snack Seasoned Pretzels Juice PM Snack WOW or PB Sandwich Juice	31 AM Snack Fig Neutons Milk PM Snack Crunchy Breadsticks Water			