


# January 2018

## First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
<b>1</b> <b>HAPPY NEW YEAR</b>  <b>First Steps Closed</b>	<b>2</b> Sausage Rice Hotdish Beets Apricots Milk	<b>3</b> Beef Noodle Hotdish Wax Beans Plums Milk	<b>4</b> Baked Potato Soup Crackers Turkey Sandwich Fruit Milk	<b>5</b> Hamburgers Ketchup Tator Tots Broccoli with Ranch Milk
<b>8</b> Cream Tuna on Toast Peas Peaches Milk	<b>9</b> Pancakes Syrup Polish Sausage Mandarin Oranges Milk	<b>10</b> Spaghetti Garlic Toast Lettuce with Red Ranch Dressing Milk	<b>11</b> Chicken Rice Soup Crackers Chicken Salad Sandwiches Fruit Milk	<b>12</b> Pepperoni Pizza Cauliflower with Ranch 1/2 Banana Milk
<b>15</b> Pizza Burgers Irish Potatoes Pineapple Tidbits Milk	<b>16</b> Chicken Gravy over Rice Mixed Vegetables Fruit Cocktail Milk	<b>17</b> Beans and Wieners Cooked Carrots Jelly Bread Milk	<b>18</b> Spaghetti Soup Crackers Cheese Sandwich Fruit Milk	<b>19</b> Sloppy Joes Potato Wedges Ketchup Pickles Milk
<b>22</b> Sausage Alfredo Honey Glazed Carrots Sliced Apples Milk	<b>23</b> Cowboy Hotdish Corn Bread and Butter Milk	<b>24</b> Egg Bake with Ham, Hash Browns and Cheese Buttered Toast Applesauce Milk	<b>25</b> Turkey Noodle Soup Crackers Bologna Sandwich Fruit Milk	<b>26</b> Hot Dogs French Fries Ketchup Sugar Snap Peas with Ranch Milk
<b>29</b> Hamburger Rice Hotdish Cream Corn Bread and Butter Milk	<b>30</b> Turkey Wraps Carrot Sticks with Ranch Fruit Milk	<b>31</b> Meatballs and Gravy over Mashed Potatoes Steamed Broccoli Pears Milk		

# Snack List January 2018

Mon	Tue	Wed	Thu	Fri
<b>1</b>  <b>HAPPY NEW YEAR!!</b> <b>First Steps Closed</b>	<b>2</b> AM Snack Vanilla Wafers Juice PM Snack Fruit and Crackers Water	<b>3</b> AM Snack Donut Holes Milk PM Snack Pretzels Juice	<b>4</b> AM Snack Wheat Thins Water PM Snack Muffins Milk	<b>5</b> AM Snack Graham Grips Juice PM Snack Cereal Mix Water
<b>8</b> AM Snack Fruit and Crackers Water PM Snack Granola Bars Milk	<b>9</b> AM Snack Animal Crackers Juice PM Snack Quick Snack Mix Water	<b>10</b> AM Snack Veggie Straws Water PM Snack Garlic Cheerios Juice	<b>11</b> AM Snack Fruit Snacks Milk PM Snack Party Mix Juice	<b>12</b> AM Snacks Cheese and Crackers Water PM Snack White Cheddar Crackers / Juice
<b>15</b> AM Snack Crunchy Breadsticks Juice PM Snack Fire Crackers Water	<b>16</b> AM Snack Yogurt with Fruit Water PM Snack Fig Neutons Milk	<b>17</b> AM Snack Whales Juice PM Snack Fruit and Crackers Water	<b>18</b> AM Snack Multi Grain Straws Milk PM Snack Fish Shaped Grahams Juice	<b>19</b> AM Snack Ranch Oyster Crackers / Juice PM Snack Popcorn Water
<b>22</b> AM Snack Bagels Milk PM Snack Soft Pretzels / Dip Water	<b>23</b> AM Snack Fruit and Crackers Water PM Snack Seasoned Pretzels Juice	<b>24</b> AM Snack Trix Bars Water PM Snack Cinnamon Sugar Cheerios / Juice	<b>25</b> AM Snack Puffcorn Water PM Snack Whole Grain Snack Mix / Milk	<b>26</b> AM Snack Strawberry Cream Cheese Wraps / Milk PM Snack Summer Sausage with Crackers / Water
<b>29</b> AM Snack Cheese Nips Juice PM Snack Fruit and Crackers Water	<b>30</b> AM Snack Chicken Bite Crackers Juice PM Snack Rice Cakes Milk	<b>31</b> AM Snack English Muffins Milk PM Snack Soft Breadsticks Water		