

July 2018

First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Hamburger Bean Bake Cooked Carrots Jelly Bread Milk</p>	<p>3</p> <p>Pancakes Syrup Polish Sausage Mandarin Oranges Milk</p>	<p>4</p> <p>HAPPY INDEPENDENCE DAY  First Steps Closed</p>	<p>5</p> <p>Baked Potato Soup Crackers Bologna Sandwich Fruit Milk</p>	<p>6</p> <p>Pizza Quesidillas Tator Tots Ketchup Broccoli with Ranch Milk</p>
<p>9</p> <p>Hamburger Rice Hotdish Cream Corn Peaches Milk</p>	<p>10</p> <p>Cream Tuna on Toast Peas Fruit Cocktail Milk</p>	<p>11</p> <p>Sausage Alfredo Beets Pears Milk</p>	<p>12</p> <p>Spaghetti Soup Crackers Cheese Sandwich Fruit Milk</p>	<p>13</p> <p>Hamburgers French Fries Ketchup Pickles Milk</p>
<p>16</p> <p>Chicken Gravy over Rice Mixed Vegetables Sliced Apples Milk</p>	<p>17</p> <p>Spaghetti Garlic Toast Lettuce with Red Ranch Dressing Milk</p>	<p>18</p> <p>Beef Noodle Hotdish Green Beans Bread and Butter Milk</p>	<p>19</p> <p>Vegetable Beef Noodle Soup Crackers Turkey Sandwich Fruit Milk</p>	<p>20</p> <p>PARK'N'PICNIC Peanut Butter or WOW Butter Sandwich Chips 1/2 Banana</p>
<p>23</p> <p>Egg Bake with Ham, Hash Browns and Cheese Buttered Toast Applesauce Milk</p>	<p>24</p> <p>Meatballs in Alfredo Sauce Noodles Steamed Broccoli Milk</p>	<p>25</p> <p>Pizza Burgers Irish Potatoes Pineapple Tidbits Milk</p>	<p>26</p> <p>Chicken Rice Soup Crackers Jelly Sandwich Fruit Milk</p>	<p>27</p> <p>Ham Wraps Carrot Sticks with Ranch Fruit Milk</p>
<p>30</p> <p>Hamburger Gravy over Mashed Potatoes Corn Bread and Butter Milk</p>	<p>31</p> <p>Tuna Melts Buttered Rice Apricots Milk</p>			

Snack List

JULY 2018

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>AM Snack Raisins Milk PM Snack Graham Grips Water</p>	<p>3</p> <p>AM Snack White Cheddar Crackers / Juice PM Snack Fruit and Crackers Water</p>	<p>4</p> <p>HAPPY INDEPENDENCE DAY</p>  <p>First Steps Closed</p>	<p>5</p> <p>AM Snack Pretzels Juice PM Snack Cheese Balls Milk</p>	<p>6</p> <p>AM Snack Cereal Mix Water PM Snack Animal Crackers Juice</p>
<p>9</p> <p>AM Snack Jelly Crackers Water PM Snack Fig Neutons Milk</p>	<p>10</p> <p>AM Snack Vanilla Wafers Juice PM Snack Fire Crackers Water</p>	<p>11</p> <p>AM Snack Fruit and Crackers Water PM Snack Whales juice</p>	<p>12</p> <p>AM Snack Fruit Snacks Milk PM Snack Soft Breadsticks Water</p>	<p>13</p> <p>AM Snack Fish Shaped Grahams Juice PM Snack Popcorn Water</p>
<p>16</p> <p>AM Snack Ritz Bitz with Cheese Juice PM Snack Fruit and Crackers Water</p>	<p>17</p> <p>AM Snack Granola Bars Milk PM Snack Cinnamon Toast Crunch Bars / Water</p>	<p>18</p> <p>AM Snack Bagels Milk PM Snack Summer Sausage and Crackers / Water</p>	<p>19</p> <p>AM Snack Graham Crackers Juice PM Snack Rice Cakes Milk</p>	<p>20</p> <p>AM Snack Trix Bars Juice PM Snack Cinnamon Sugar Cheerios / Water</p>
<p>23</p> <p>AM Snack Seasoned Pretzels Juice PM Snack Veggie Straws Water</p>	<p>24</p> <p>AM Snack Donut Holes Milk PM Snack Soft Pretzels / Dip Water</p>	<p>25</p> <p>AM Snack Fruit and Crackers Water PM Snack Party Mix Juice</p>	<p>26</p> <p>AM Snack Cheese Nips Juice PM Snack Puffcorn Water</p>	<p>27</p> <p>AM Snack Cheese and Crackers Juice PM Snack Applesauce Water</p>
<p>30</p> <p>AM Snack Yogurt with Fruit Water PM Snack Ranch Oyster Crackers / Juice</p>	<p>31</p> <p>AM Snack English Muffins Milk PM Snack Whole Grain Snack Mix / Juice</p>			