
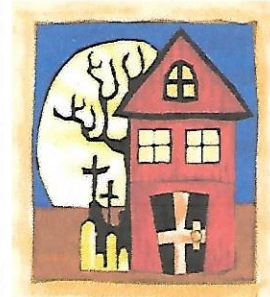


October 2018 First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
1 Scalloped Potatoes with Ham Peas and Carrots Bread and Butter Milk	2 Taco Casserole Wax Beans Apricots Milk	3 French Toast Syrup Polish Sausage Mandarin Oranges Milk	4 Chili Crackers Cheese Sandwich Fruit Milk	5 Chicken Burger Potato Wedges Ketchup Pickles Milk
8 Turkey Gravy over Mashed Potatoes Steamed Cauliflower Bread and Butter Milk	9 Cream Tuna on Toast Peas Peaches Milk	10 Sloppy Joe Pasta Corn Orange Slices Milk	11 Knoephla Soup Crackers Turkey Sandwich Fruit Milk	12 Ham Wraps Carrots Sticks with Ranch 1/2 Banana Milk
15 Sausage Rice Hotdish Beets Applesauce Milk	16 Macaroni and Cheese Lettuce with Red Ranch Dressing Pineapples Tidbits Milk	17 Sausage Gravy over Buttermilk Biscuits Mixed Vegetables Sliced Apples Milk	18 Rainbow Soup Crackers Bologna Sandwich Fruit Milk	19 Hot Dogs French Fries Ketchup Sugar Snap Peas with Ranch Milk
22 Beans and Wieners Cooked Carrots Bread with Jelly Milk	23 Tator Tot Hotdish Cream Corn Bread and Butter Milk	24 Sausage Alfredo Green Beans Pears Milk	25 Tomato Rice Soup Crackers Grilled Cheese Fruit Milk	26 Chicken Quesidillas Smiley Potatoes Ketchup Cauliflower with Ranch Milk
29 Potato Ham Casserole Carrot and Celery Sticks with Ranch Fruit Cocktail Milk	30 Spaghetti Garlic Toast Lettuce with Red Ranch Dressing Milk	31 Chicken Gravy over Rice Steamed Broccoli Fresh Apple Slices Milk		

Snack List

October 2018

Mon	Tue	Wed	Thu	Fri
1 AM Snack Raisins Milk PM Snack Pretzels Juice	2 AM Snack Graham Grips Juice PM Snack Fruit and Crackers Water	3 AM Snack Trix Bars Water PM Snack White Cheddar Crackers / Water	4 AM Snack Fig Neutons Milk PM Snack Cereal Mix Water	5 AM Snack Summer Sausage with Crackers / Water PM Snack Animal Crackers Juice
8 AM Snack Fruit and Crackers Water PM Snack Cheese Nips Juice	9 AM Snack Cheese Balls Milk PM Snack Veggie Straws Water	10 AM Snack Fish Shaped Grahams Juice PM Snack Cinnamon Sugar Cheerios / Water	11 AM Snack Puffcorn Water PM Snack Fruit Snacks Milk	12 AM Snacks Applesauce Water PM Snack Sugarless Oatmeal Cookie / Milk
15 AM Snack Quick Snack Mix Water PM Snack Rice Cakes Milk	16 AM Snack Seasoned Pretzels Juice PM Snack Jelly Crackers Water	17 AM Snack Ranch Oyster Cracker Juice PM Snack Fruit and Crackers Water	18 AM Snack Granola Bars Milk PM Snack Soft Breadsticks Juice	19 AM Snack PB Or WOW Butter Banana Wrap / Milk PM Snack Popcorn Water
22 AM Snack Bagels Milk PM Snack Fire Crackers Water	23 AM Snack Fruit and Crackers Water PM Snack Chicken in a Biscuit Juice	24 AM Snack Vanilla Wafers Juice PM Snack Party Mix Water	25 AM Snack Yogurt with Fruit Water PM Snack Whole Grain Snack Mix / Milk	26 AM Snack Whales Juice PM Snack Cheese and Crackers Water
29 AM Snack Donut Holes Milk PM Snack Soft Pretzels/Dip Water	30 AM Snack English Muffin Milk PM Snack Fruit and Crackers Water	31 AM Snack Garlic Cheerios Juice PM Snack Rice Krispie Bar Water	