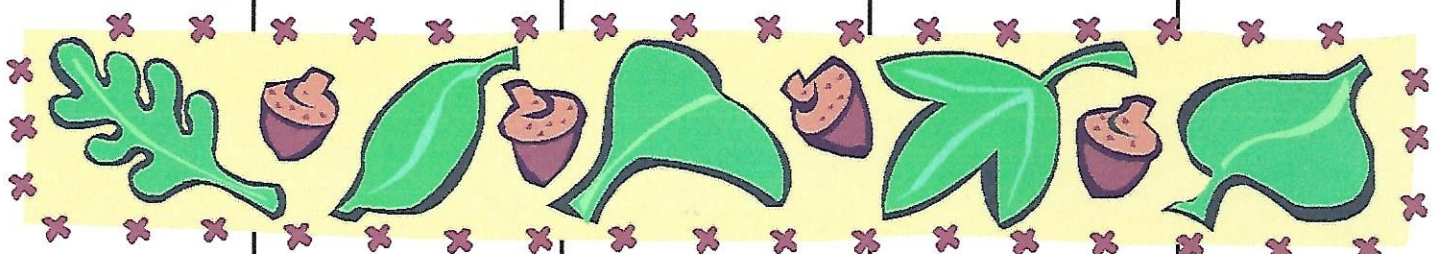





# September 2018

## First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
				
<p><b>3</b></p>  <p>First Steps Closed</p>	<p><b>4</b></p> <p>Pancakes Syrup Sausage Mandarin Oranges Milk</p>	<p><b>5</b></p> <p>Hamburger Gravy over Rice Cream Corn Fresh Kiwi Milk</p>	<p><b>6</b></p> <p>Baked Potato Soup Crackers Bologna Sandwich Fruit Milk</p>	<p><b>7</b></p> <p>Hamburgers Potato Wedges Ketchup Pickles Milk</p>
<p><b>10</b></p> <p>Chicken Alfredo Beets Bread and Butter Milk</p>	<p><b>11</b></p> <p>Hamburger Noodle Hotdish Green Beans Fruit Cocktail Milk</p>	<p><b>12</b></p> <p>Tuna Melts Buttered Rice Sliced Apples Milk</p>	<p><b>13</b></p> <p>Spaghetti Soup Crackers Cheese Sandwich Fruit Milk</p>	<p><b>14</b></p> <p>Pepperoni Pizza 1/2 Banana Broccoli with Ranch Milk</p>
<p><b>17</b></p> <p>Egg Bake with Ham, Cheese &amp; Hash Browns Buttered Toast Applesauce Milk</p>	<p><b>18</b></p> <p>Taco Spaghetti Lettuce with Red Ranch Dressing Garlic Toast Milk</p>	<p><b>19</b></p> <p>Meatballs &amp; Gravy Honey Glazed Carrots Pears Milk</p>	<p><b>20</b></p> <p>Chicken Rice Soup Crackers Turkey Sandwich Fruit Milk</p>	<p><b>21</b></p> <p>Sloppy Joes Tator Tots Ketchup Cauliflower with Ranch Milk</p>
<p><b>24</b></p> <p>Hamburger Bean Bake Cooked Carrots Bread with Jelly Milk</p>	<p><b>25</b></p> <p>Cheeseburger Macaroni Hotdish Wax Beans Pineapple Tidbits Milk</p>	<p><b>26</b></p> <p>Pizza Burgers Irish Potatoes Peaches Milk</p>	<p><b>27</b></p> <p>Vegetable Beef Noodle Soup Crackers Jelly Sandwich Fruit Milk</p>	<p><b>28</b></p> <p>Hot Dogs French Fries Ketchup Sugar Snap Peas with Ranch Milk</p>

# Snack List September 2018

Mon	Tue	Wed	Thu	Fri
				
<p><b>3</b></p>  <p><b>First Steps Closed</b></p>	<p><b>4</b></p> <p>AM Snack Graham Grips Juice PM Snack Pretzels Water</p>	<p><b>5</b></p> <p>AM Snack Raisins Milk PM Snack Fruit and Crackers Water</p>	<p><b>6</b></p> <p>AM Snack Fig Neutons Milk PM Snack White Cheddar Crackers / Juice</p>	<p><b>7</b></p> <p>AM Snack Animal Crackers Juice PM Snack Cereal Mix Water</p>
<p><b>10</b></p> <p>AM Snack Trix Bars Water PM Snack Cinnamon Sugar Cheerios / Juice</p>	<p><b>11</b></p> <p>AM Snack Fruit and Crackers Water PM Snack Cheese Balls Milk</p>	<p><b>12</b></p> <p>AM Snack Cheese Nips Juice PM Snack Summer Sausage on Crackers / Water</p>	<p><b>13</b></p> <p>AM Snack Fish Shaped Grahams Juice PM Snack Veggie Straws Water</p>	<p><b>14</b></p> <p>AM Snack Seasoned Pretzels Juice PM Snack Fruit Snacks Milk</p>
<p><b>17</b></p> <p>AM Snack Vanilla Wafers Juice PM Snack Soft Breadsticks Water</p>	<p><b>18</b></p> <p>AM Snack Puffcorn Water PM Snack Granola Bar Milk</p>	<p><b>19</b></p> <p>AM Snack Applesauce Water PM Snack Ranch Oyster Crackers / Juice</p>	<p><b>20</b></p> <p>AM Snack Bagels Milk PM Snack Party Mix Juice</p>	<p><b>21</b></p> <p>AM Snack Whales Juice PM Snack Fruit and Crackers Water</p>
<p><b>24</b></p> <p>AM Snack Ritz Bitz with Cheese Juice PM Snack Soft Pretzels / Dip Water</p>	<p><b>25</b></p> <p>AM Snack Fruit and Crackers Water PM Snack Garlic Cheerios Juice</p>	<p><b>26</b></p> <p>AM Snack English Muffin Milk PM Snack Cheese and Crackers Water</p>	<p><b>27</b></p> <p>AM Snack Donut Holes Milk PM Snack Rice Krispie Bars Water</p>	<p><b>28</b></p> <p>AM Snack Yogurt with Fruit Water PM Snack Fire Crackers Water</p>