


November 2018

First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
			1 Chicken Rice Soup Crackers Ham Sandwich Fruit Milk	2 Pepperoni Pizza 1/2 Banana Cauliflower with Ranch Milk
5 Egg Bake with Ham, Hashbrowns, Cheese Buttered Toast Applesauce Milk	6 Hamburger Bean Bake Cooked Carrots Jelly Bread Milk	7 Tuna Melts Buttered Rice Fruit Cocktail Milk	8 Cheeseburger Soup Crackers Turkey Sandwich Fruit Milk	9 Mini Corn Dogs French Fries Ketchup Sugar Snap Peas with Ranch Milk
12 Hamburger Noodle Hotdish Corn Peaches Milk	13 Chicken Gravy over Mashed Potatoes Green Beans Bread and Butter Milk	14 Sausage Rice Hotdish Steamed Broccoli Apricots Milk	15 Spaghetti Soup Crackers Cheese Sandwich Fruit Milk	16 Sloppy Joes Tator Tots Ketchup Pickles Milk
19 Pizza Burgers Irish Potatoes Pineapple Tidbits Milk	20 Pancakes Syrup Sausage Links Mandarin Oranges Milk	21 Meatballs & Gravy Buttered Noodles Peas Pears Milk	22 HAPPY THANKSGIVING  First Steps Closed	23 Bologna Sandwich Chips Fruit Milk
26 Chicken Alfredo Wax Beans Sliced Apples Milk	27 Beef Noodle Hotdish Honey Glazed Carrots Bread and Butter Milk	28 Spaghetti Lettuce with Red Ranch Dressing Garlic Toast Milk	29 Turkey Noodle Soup Crackers PB or WOW Butter Sandwich Fruit Milk	30 Hot Dogs Potato Wedges Ketchup Broccoli with Ranch Milk

Snack List November 2018

Mon	Tue	Wed	Thu	Fri
			1 AM Snack Rice Cakes Milk PM Snack Pretzels Water	2 AM Snack Cereal Mix Water PM Snack Cheese Nips Juice
5 AM Snack Donut Holes Milk PM Snack Veggie Straws Water	6 AM Snack Whales Juice PM Snack Cheese & Crackers Water	7 AM Snack Fruit Snacks Milk PM Snack Fruit and Crackers Water	8 AM Snack Animal Crackers Juice PM Snack Soft Breadsticks Water	9 AM Snack Yogurt with Fruit Water PM Snack Party Mix Juice
12 AM Snack Trix Bar Water PM Snack Fig Neutons Milk	13 AM Snack Fruit and Crackers Water PM Snack Cinnamon Sugar Cheerios / Juice	14 AM Snack Blueberry Bagels Milk PM Snack Soft Pretzel / Dip Water	15 AM Snack Applesauce Water PM Snack Whole Grain Snack Mix / Milk	16 AM Snack Vanilla Wafers Juice PM Snack Cheese Balls Water
19 AM Snack English Muffins Milk PM Snack Fruit and Crackers Water	20 AM Snack Puffcorn Water PM Snack Ranch Oyster Crackers / Juice	21 AM Snack Granola Bars Milk PM Snack Fire Crackers Water	22 	23 AM Snack Teddy Grahams Juice PM Snack Townhouse Crackers Water
26 AM Snack Raisins Milk PM Snack Garlic Cheerios Juice	27 AM Snack Graham Grips Water PM Snack Ritz Bitz with Cheese Juice	28 AM Snack Fruit and Crackers Water PM Snack Seasoned Pretzels Juice	29 AM Snack Fish Shaped Grahams Water PM Snack Chocolate Cranberry Crunch / Milk	30 AM Snack White Cheddar Crackers / Juice PM Snack Summer Sausage with Crackers / Water