

December 2018 First Steps Lunch Menu

Mon

Tue

Wed

Thu

Fri



3

Cream Tuna
on Toast
Peas
Sliced Apples
Milk

4

Scalloped Potatoes
with Ham
Beets
Peaches
Milk

5

Macaroni and Cheese
Lettuce with Red
Ranch Dressing
Pears
Milk

6

Chili
Crackers
Cheese Sandwich
Fruit
Milk

7

Chicken Quesidillas
Tator Tots
Ketchup
Cauliflower with
Ranch
Milk

10

Taco Casserole
Wax Beans
Fruit Cocktail
Milk

11

French Toast
Syrup
Polish Sausage
Mandarin Oranges
Milk

12

Sausage Gravy over
Buttermilk Biscuits
Peas and Carrots
Pineapple Tidbits
Milk

13

Knoephla Soup
Crackers
Turkey Sandwich
Fruit
Milk

14

Hamburgers
Potato Wedges
Ketchup
Pickles
Milk

17

Sloppy Joe Pasta
Cream Corn
Applesauce
Milk

18

Beans & Wieners
Cooked Carrots
Jelly Bread
Milk

19

Hamburger Gravy
over Mashed Potatoes
Streamed Broccoli
Bread and Butter
Milk

20

Tomato Rice Soup
Crackers
Grilled Cheese
Sandwich
Fruit
Milk

21

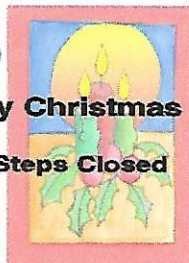
Ham Wraps
Carrot Sticks
with Ranch
Fruit
Milk

24

Bologna Sandwich
Chips
Fruit
Milk

25

Merry Christmas
First Steps Closed



26

Spaghetti
Garlic Toast
Lettuce with Red
Ranch Dressing
Milk

27

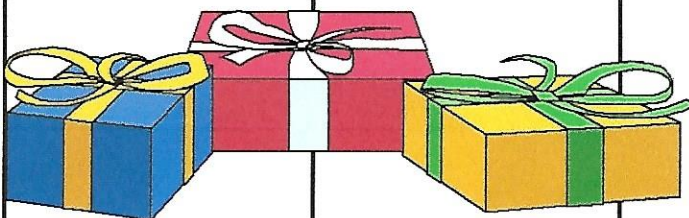
Rainbow Soup
Crackers
Ham Sandwich
Fruit
Milk

28

Hot Dogs
French Fries
Ketchup
Sugar Snap Peas
with Ranch
Milk



31

Chicken Gravy over
Rice
Corn
Apricots
Milk



Snack List

December 2018

Mon	Tue	Wed	Thu	Fri
				
<p>3</p> <p>AM Snack Cinnamon Sugar Donuts / Milk PM Snack Animal Crackers Juice</p>	<p>4</p> <p>AM Snack Whales Juice PM Snack Fruit and Crackers Water</p>	<p>5</p> <p>AM Snack Veggie Straws Water PM Snack Party Mix Juice</p>	<p>6</p> <p>AM Snack Cereal Mix Water PM Snack Fig Neutons Milk</p>	<p>7</p> <p>AM Snack Vanilla Wafers Juice PM Snack Cheese and Crackers Water</p>
<p>10</p> <p>AM Snack Yogurt with Fruit Water PM Snack Garlic Cheerios Juice</p>	<p>11</p> <p>AM Snack Fruit Snacks Milk PM Snack Soft Breadsticks Water</p>	<p>12</p> <p>AM Snack Fruit and Crackers Water PM Snack Ranch Oyster Crackers / Juice</p>	<p>13</p> <p>AM Snack Applesauce Water PM Snack Whole Grain Snack Mix / Milk</p>	<p>14</p> <p>AM Snack Seasoned Pretzels Juice PM Snack Trix Bars Water</p>
<p>17</p> <p>AM Snack White Cheddar Crackers / Juice PM Snack Fruit and Crackers Water</p>	<p>18</p> <p>AM Snack Bagels Milk PM Snack Quick Snack Mix Water</p>	<p>19</p> <p>AM Snack Granola Bar Milk PM Snack Crunchy Breadsticks Water</p>	<p>20</p> <p>AM Snack Wheat Thins Juice PM Snack Cheese Balls Milk</p>	<p>21</p> <p>AM Snack Graham Grips Juice PM Snack Popcorn Water</p>
<p>24</p> <p>AM Snack Cook's Choice PM Snack Cooks Choice</p>	<p>25</p> <p>Merry Christmas</p> <p>First Steps Closed</p> 	<p>26</p> <p>AM Snack English Muffin Milk PM Snack Fire Crackers Water</p>	<p>27</p> <p>AM Snack Puffcorn Water PM Snack Muffins Milk</p>	<p>28</p> <p>AM Snack Fruit and Crackers Water PM Snack Cheese Nips Juice</p>
<p>31</p> <p>AM Snack Rice Cakes Milk PM Snack Soft Pretzels / Dip Water</p>	