



January 2019 First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
	1 HAPPY NEW YEAR!!!! First Steps Closed	2 Hamburger Noodle Hotdish Peas Bread and Butter Milk	3 Chicken Rice Soup Crackers Jelly Sandwich Fruit Milk	4 Turkey Wraps Carrot Sticks with Ranch 1/2 Banana Milk
7 Tuna Melts Buttered Rice Peas and Carrots Milk	8 Sausage Alfredo Green Beans Fruit Cocktail Milk	9 Egg Bake with Ham, Hashbrown & Cheese Buttered Toast Applesauce Milk	10 Macaroni & Cheese Soup Crackers Turkey Sandwich Fruit Milk	11 Sloppy Joes Tator Tots Ketchup Pickles Milk
14 Potato Ham Casserole Corn Bread and Butter Milk	15 Hamburger Bean Bake Cooked Carrots Bread with Jelly Milk	16 Beef Noodle Hotdish Beets Peaches Milk	17 Spaghetti Soup Crackers Cheese Sandwich Fruit Milk	18 Hot Dogs French Fries Ketchup Sugar Snap Peas with Ranch milk
21 Pancakes Syrup Sausage Mandarin Oranges Milk	22 Meatballs & Gravy Mashed Potatoes Mixed Vegetables Pears Milk	23 Tator Tot Hotdish Cream Corn Sliced Apples Milk	24 Cheeseburger Soup Crackers Bologna Sandwich Fruit Milk	25 Pepperoni Pizza 1/2 Banana Broccoli with Ranch Milk
28 Pizza Burgers Irish Potatoes Pineapple Tidbits Milk	29 Chicken Gravy over Rice Wax Beans Apricots Milk	30 Spaghetti Garlic Toast Lettuce with Red Ranch Dressing Milk	31 Turkey Noodle Soup Crackers Ham Sandwich Fruit Milk	

Snack List 2019

January

Mon	Tue	Wed	Thu	Fri
		2 AM Snack Whales Juice PM Snack Fruit and Crackers Water	3 AM Snack Cinnamon Sugar Cheerios / Water PM Snack Honeycomb Cereal Milk	4 AM Snack Fig Neutons Milk PM Snack Animal Crackers Juice
7 AM Snack Raisins Milk PM Snack Cereal Mix Water	8 AM Snack Fruit and Crackers Water PM Snack Party Mix Juice	9 AM Snack String Cheese & 2 Ritz Crackers / Water PM Snack Ranch Oyster Crackers / Juice	10 AM Snack Vanilla Wafers Juice PM Snack Veggie Straws Water	11 AM Snack Cheese and Crackers Water PM Snack Garlic Cheerios Juice
14 AM Snack Seasoned Pretzels Juice PM Snack Fruit and Crackers Water	15 AM Snack Donut Holes Milk PM Snack Trix Bars Water	16 AM Snack White Cheddar Crackers / Juice PM Snack Soft Breadsticks Water	17 AM Snack Yogurt with Fruit Water PM Snack Fruit Snacks Milk	18 AM Snack Applesauce Water PM Snack Whole Grain Snack Mix / Milk
21 AM Snack Quick Snack Mix Water PM Snack Fish-Shaped Grahams Juice	22 AM Snack Bagels Milk PM Snack Crunchy Breadsticks Water	23 AM Snack Fruit and Crackers Water PM Snack Ritz Bitz with Cheese Juice	24 AM Snack Granola Bars Milk PM Snack Popcorn Water	25 AM Snack Rice Cakes Milk PM Snack Soft Pretzels / Dip Water
28 AM Snack Graham Grips Juice PM Snack Fire Crackers Water	29 AM Snack Cheese Balls Milk PM Snack Fruit and Crackers Water	30 AM Snack Puffcorn Water PM Snack Cheese Nips Juice	31 AM Snack English Muffins Milk PM Snack Summer Sausage & Crackers / Water	