




APRIL 2019

FIRST STEPS LUNCH MENU

Mon	Tue	Wed	Thu	Fri
1 Sausage Gravy over Buttermilk Biscuits Peas and Carrots Pineapple Milk	2 Sloppy Joe Pasta Wax Beans Bread and Butter Milk	3 Cream Tuna on Toast Peas Peaches Milk	4 Tomato Rice Soup Crackers Grilled Cheese Sandwich Fruit Milk	5 Popcorn Chicken French Fries Ketchup Pickles Milk
8 Macaroni & Cheese Lettuce with Red Ranch Dressing Pears Milk	9 Hamburger Gravy over Rice Corn Applesauce Milk	10 Taco Casserole Steamed Broccoli Bread and Butter Milk	11 Rainbow Soup Crackers Ham Sandwich Fruit Milk	12 Turkey Wraps Carrot Sticks with Ranch Fruit Milk
15 French Toast Sausage Syrup Mandarin Oranges Milk	16 Cowboy Hotdish Beets 1/2 Banana Milk	17 Scalloped Potatoes with Ham Corn Sliced Apples Milk	18 Cheeseburger Soup Crackers Turkey Sandwich Fruit Milk	19 Hot Dogs Potato Wedges Ketchup Sugar Snap Peas Milk
22 Sausage Alfredo Green Beans Fruit Cocktail Milk	23 Chicken Gravy over Mashed Potatoes Bread and Butter Apricots Milk	24 Spaghetti Garlic Toast Lettuce with Red Ranch Dressing Milk	25 Knoephla Soup Crackers Bologna Sandwich Fruit Milk	26 Pepperoni Pizza Broccoli w/ Ranch 1/2 Banana Milk
29 Hamburger Noodle Hotdish Cream Corn Bread and Butter Milk	30 Beans and Wieners Cooked Carrots Jelly Bread Milk			

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First Steps Snack Menu

Mon	Tue	Wed	Thu	Fri
1 AM Snack Trix Bar Water PM Snack Whales Juice	2 AM Snack Fig Neutons Milk PM Snack Fruit & Crackers Water	3 AM Snack Cheese & Crackers Water PM Snack Animal Crackers Juice	4 AM Snack Pretzels Juice PM Snack Honeycomb Milk	5 AM Snack Cinnamon Sugar Cheerios/ Juice PM Snack Wheat Thins Water
8 AM Snack Strawberry Cream Cheese Wraps/ Milk PM Snack Quick Snack Mix Water	9 AM Snack Yogurt Water PM Snack White Cheddar Crackers/ Juice	10 AM Snack Fruit and Crackers Water PM Snack Fruit Snacks Milk	11 AM Snack Ranch Oyster Crackers/ Juice PM Snack Cereal Mix Water	12 AM Snack Vanilla Wafers Juice PM Snack Soft Pretzels with Cheese Dip / Water
15 AM Snack Veggie Straws Water PM Snack Granola Bars Milk	16 AM Snack Puffcorn Juice PM Snack Fire Crackers Water	17 AM Snack English Muffins Milk PM Snack Summer Sausage Crackers/ Water	18 AM Snack Cheese Nips Juice PM Snack Soft Breadsticks Water	19 AM Snack Rice Cakes Milk PM Snacks Fruit and Crackers Water
22 AM Snack Graham Grips Juice PM Snack Popcorn Water	23 AM Snack Donut Holes Milk PM Snack Applesauce Water	24 AM Snack Fruit and Crackers Water PM Snack Garlic Cheerios Juice	25 AM Snack Goldfish Grahams Juice PM Snack Cheese Balls Milk	26 AM Snack String Cheese Crackers/ Water PM Snack Party Mix Juice
29 AM Snack Raisins Milk PM Snack Whole Grain Snack Mix/ Water	30 AM Snack Ritz Bitz with Cheese Juice PM Snack Fruit & Crackers Water	