



July 2019

First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
1 Turkey Gravy over Mashed Potatoes Corn Bread & Butter Milk	2 Sausage Rice Hotdish Beets Fruit Cocktail Milk	3 Hamburger Bean Bake Jelly Bread Cooked Carrots Milk	4 Independence Day  First Steps Closed	5 Turkey Sandwich Chips Fruit Milk
8 Beef Noodle Hotdish Wax Beans Bread & Butter Milk	9 Pancakes Sausage Links Mandarin Oranges Syrup Milk	10 Macaroni & Cheese Lettuce with Red Ranch Dressing Apricots Milk	11 Spaghetti Soup Crackers Cheese Sandwich Fruit Milk	12 Sloppy Joes Potato Wedges Ketchup Pickles Milk
15 Spaghetti Lettuce w/ Red Ranch Garlic Toast Milk	16 Chicken Gravy over Rice Mixed Vegetables Pears Milk	17 Pizza Burgers Irish Potatoes Pineapple Tidbits Milk	18 Baked Potato Soup Crackers Ham Sandwich Fruit Milk	19 Park & Picnic WOW sandwiches Chips 1/2 Banana Juice
22 Tator Tot Hotdish Cream Corn Bread & Butter Milk	23 Meatballs & Gravy over Mashed Potatoes Green Beans Sliced Apples Milk	24 Hamburger Rice Hotdish Peas Bread & Butter Milk	25 Chicken Rice Soup Crackers Bologna Sandwich Fruit Milk	26 Turkey Wraps Carrots w/ Ranch Fruit Milk
29 Hot Dogs Tater Tots Ketchup Cauliflower w/ Ranch Milk	30 Eggbake w/ Ham, Cheese & Hashbrowns Buttered Toast Applesauce Milk	31 Tuna Melts Buttered Rice Peaches Milk		

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First Steps Snack Menu

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>AM Snack Honeycomb Milk PM Snack Cheese & Crackers Water</p>	<p>2</p> <p>AM Snack Trix Bars Water PM Snack Seasoned Pretzels Juice</p>	<p>3</p> <p>AM Snack Fig Newtons Milk PM Snack Fruit & Crackers Water</p>	<p>4</p> <p>Independence Day First Steps Closed</p> 	<p>5</p> <p>Am Snack Cheese Nips Water PM Snack Animal Crackers Juice</p>
<p>8</p> <p>AM Snack Fruit & Crackers Water PM Snack Whales Juice</p>	<p>9</p> <p>AM Snack Ranch Oyster Crackers / Juice PM Snack Veggie Straws Water</p>	<p>10</p> <p>AM Snack Fruit Snacks Milk PM Snack Soft Pretzel w/ Dip Water</p>	<p>11</p> <p>AM Snack Quick Snack Mix Water PM Snack White Cheddar Crackers / Juice</p>	<p>12</p> <p>AM Snack Cereal Mix Water PM Snack Granola Bars Milk</p>
<p>15</p> <p>AM Snack Teddy Grahams Juice PM Snack Rice Cakes Milk</p>	<p>16</p> <p>AM Snack English Muffins Milk PM Snack Fruit & Crackers Water</p>	<p>17</p> <p>AM Snack Summer Sausage & Crackers / Water PM Snack Party Mix Juice</p>	<p>18</p> <p>AM Snack Cinnamon Sugar Cheerios / Juice PM Snack Soft Breadstick Water</p>	<p>19</p> <p>AM Snack Puffcorn Water PM Snack Fish Shaped Grahams Juice</p>
<p>22</p> <p>AM Snack Yogurt Water PM Snack Whole Grain Snack Mix / Milk</p>	<p>23</p> <p>AM Snack Graham Grips Juice PM Snack String Cheese & Crackers / Water</p>	<p>24</p> <p>AM Snack Fruit & Crackers Water PM Snack Pretzels Juice</p>	<p>25</p> <p>AM Snack Donut Holes Milk PM Snack Popcorn Water</p>	<p>26</p> <p>AM Snack Vanilla Wafers Juice PM Snack Cheese Balls Milk</p>
<p>29</p> <p>AM Snack Bagles Milk PM Snack Firecrackers Water</p>	<p>30</p> <p>AM Snack Fruit & Crackers Water PM Snack Wheat Thins Juice</p>	<p>31</p> <p>AM Snack Applesauce Water PM Snack Muffins Milk</p>	<p>MADE IN AMERICA</p> 	