

# August 2019

## First Steps Lunch Menu

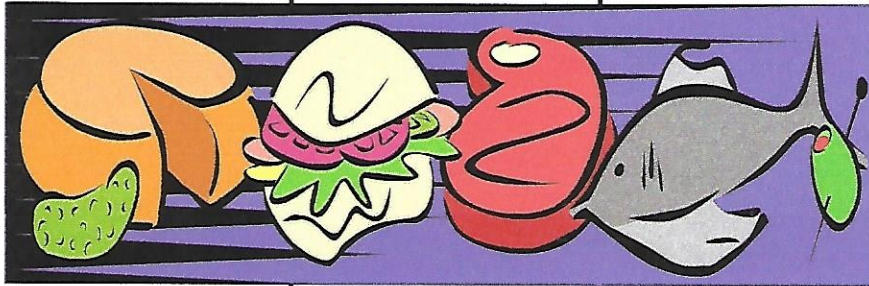
Mon

Tue

Wed

Thu

Fri



1

Rainbow Soup  
Crackers  
Ham Sandwich  
Fruit  
Milk

2

Chicken Quesidilla  
Potato Wedges  
Sugar Snap Peas  
with Ranch  
Ketchup  
Milk

5

Scalloped Potatoes  
Mixed Veggies  
Bread & Butter  
Milk

6

Sloppy Joe Pasta  
Creamed Corn  
Pears  
Milk

7

French Toast  
Syrup  
Polish Sausage  
Mandarin Oranges  
Milk

8

Chicken Rice Soup  
Crackers  
Chicken Salad  
Sandwich  
Fruit  
Milk

9

Mini Corn Dogs  
French Fries  
Ketchup  
Pickles  
Milk

12

Creamed Tuna  
on Toast  
Peas  
Sliced Apples  
Milk

13

Taco Casserole  
Beets  
Bread & Butter  
Milk

14

Spaghetti  
Lettuce with  
Red Ranch Dressing  
Garlic Toast  
Milk

15

Knoephla Soup  
Crackers  
Turkey Sandwich  
Fruit  
Milk

16

Parents Park & Picnic  
Hot Dogs  
Chips  
Bananas  
Rice Krispie Bars  
Juice or Water

19

Hamburger Gravy  
over Rice  
Corn  
Fruit Cocktail  
Milk

20

Beans & Wieners  
Cooked Carrots  
Jelly Bread  
Milk

21

Sausage Alfredo  
Green Beans  
Pineapple Tidbits  
Milk

22

Tomato Rice Soup  
Crackers  
Grilled Cheese  
Sandwich  
Fruit  
Milk

23

Pepperoni Pizza  
1/2 Banana  
Broccoli w/ Ranch  
Milk

26

Sausage Gravy  
Buttermilk Biscuits  
Peas & Carrots  
Peaches  
Milk

27

Egg Bake with Ham,  
Cheese &  
Hashbrowns  
Buttered Toast  
Applesauce  
Milk

28

Taco Salad with  
Cheese, Chips &  
Lettuce  
Fruit  
Milk

29

Cheeseburger Soup  
Crackers  
Bologna Sandwich  
Fruit  
Milk

30

Turkey Wraps  
Carrot Sticks  
with Ranch  
Fruit  
Milk

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## First Steps Snack Menu

Mon	Tue	Wed	Thu	Fri
			<b>1</b> AM Snack Quick Snack Mix Water PM Snack Seasoned Pretzels Juice	<b>2</b> AM Snack Animal Crackers Juice PM Snack Soft Pretzel w/ Dip Water
<b>5</b> AM Snack Trix Bars Water PM Snack Cheese Nips Juice	<b>6</b> AM Snack Fruit & Crackers Water PM Snack Honeycomb Milk	<b>7</b> AM Snack Ranch Oyster Crackers / Juice PM Snack Cereal Mix Water	<b>8</b> AM Snack Fig Newtons Milk PM Snack Veggie Straws Water	<b>9</b> AM Snack Garlic Cheerios Juice PM Snack Popcorn Water
<b>12</b> AM Snack Fruit Snacks Milk PM Snack Pretzels Water	<b>13</b> AM Snack Summer Sausage & Crackers/ Water PM Snack Party Mix Juice	<b>14</b> AM Snack White Cheddar Crackers / Juice PM Snack Fruit & Crackers Water	<b>15</b> AM Snack Bagels Milk PM Snack Applesauce Water	<b>16</b> AM Snack Whales Juice PM Snack Cheese & Crackers Water
<b>19</b> AM Snack Fruit & Crackers Water PM Snack Wheat Thins Juice	<b>20</b> AM Snack Puffcorn Water PM Snack Granola Bars Milk	<b>21</b> AM Snack Vanilla Wafers Juice PM Snack Soft Breadsticks Water	<b>22</b> AM Snack Rice Cakes/ Milk PM Snack String Cheese & Crackers Water	<b>23</b> AM Snack Cinnamon Toast Crunch Bar/ Water PM Snack Fish Shaped Grahams Juice
<b>26</b> AM Snack Yogurt Water PM Snack Graham Grips Juice	<b>27</b> AM Snack Donut Holes Milk PM Snack Fruit & Crackers Water	<b>28</b> AM Snack Cinnamon Sugar Cheerios / Juice PM Snack Fire Crackers Water	<b>29</b> AM Snack English Muffins Milk PM Snack Frosted Grahams Water	<b>30</b> AM Snack Cheeseballs Water PM Snack Whole Grain Snack Milk