
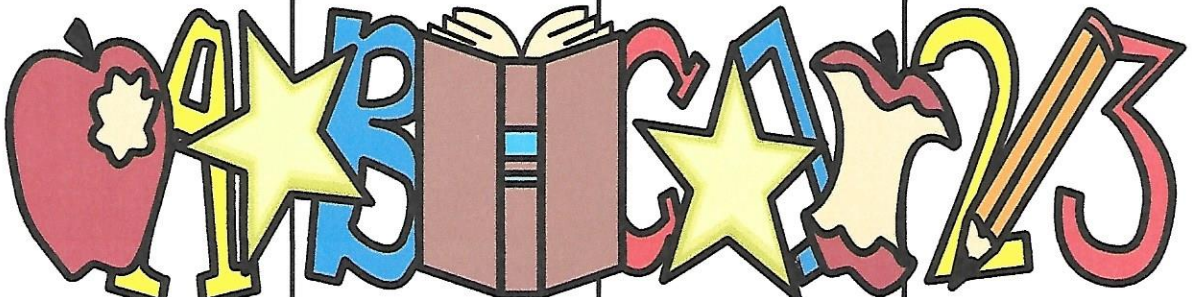


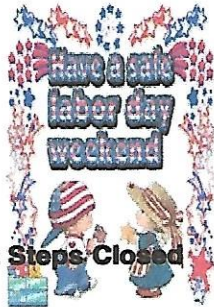
# September 2019

## First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
<p>2 </p> <p><b>First Steps Closed</b></p>	<p>3</p> <p>Hamburger Bean Bake Cooked Carrots Jelly Bread Milk</p>	<p>4</p> <p>Sausage Rice Hotdish Beets Fruit Cocktail Milk</p>	<p>5</p> <p>Chili Crackers Cheese Sandwich Fruit Milk</p>	<p>6</p> <p>Hot Dogs Smiley Potatoes Broccoli with Ranch Ketchup Milk</p>
<p>9</p> <p>Pancakes Syrup Sausage Links Mandarin Oranges Milk</p>	<p>10</p> <p>Beef Noodle Hotdish Wax Beans Bread &amp; Butter Milk</p>	<p>11</p> <p>Macaroni &amp; Cheese Lettuce with Red Ranch Dressing Pears Milk</p>	<p>12</p> <p>Baked Potato Soup Crackers Turkey Sandwich Fruit Milk</p>	<p>13</p> <p>Chicken Burgers French Fries Sugar Snap Peas with Ranch Ketchup Milk</p>
<p>16</p> <p>Chicken Gravy over Mashed Potatoes Corn Apricots Milk</p>	<p>17</p> <p>Pizza Burgers Irish Potatoes Pineapple Tidbits Milk</p>	<p>18</p> <p>Tator Tot Hotdish Mixed Veggies Bread &amp; Butter Milk</p>	<p>19</p> <p>Spaghetti Soup Crackers Bologna Sandwich Fruit Milk</p>	<p>20</p> <p>Ham Wraps 1/2 Banana Carrot Sticks with Ranch Milk</p>
<p>23</p> <p>Tuna Melt Buttered Rice Applesauce Milk</p>	<p>24</p> <p>Hamburger Noodle Hotdish Cream Corn Peaches Milk</p>	<p>25</p> <p>Spaghetti Lettuce with Red Ranch Dressing Garlic Toast Milk</p>	<p>26</p> <p>Chicken Rice Soup Crackers Ham Sandwich Fruit Milk</p>	<p>27</p> <p>Sloppy Joes Potato Wedges Pickles Ketchup Milk</p>
<p>30</p> <p>Hamburger Gravy over Rice Green Beans Sliced Apples Milk</p>				

# September 2019

## First Steps Snack Menu

Mon	Tue	Wed	Thu	Fri
<p><b>2</b></p>  <p>AM Snack Animal Crackers Juice PM Snack Soft Pretzel w/ Dip Water</p>	<p><b>3</b></p> <p>AM Snack Animal Crackers Juice PM Snack Soft Pretzel w/ Dip Water</p>	<p><b>4</b></p> <p>AM Snack Fruit &amp; Crackers Water PM Snack Honey Comb Milk</p>	<p><b>5</b></p> <p>AM Snack Donut Holes Milk PM Snack Seasoned Pretzels Water</p>	<p><b>6</b></p> <p>AM Snack Quick Snack Mix Water PM Snack Cheese Nips Juice</p>
<p><b>9</b></p> <p>AM Snack Ranch Oyster Crackers / Juice PM Snack Fruit &amp; Crackers Water</p>	<p><b>10</b></p> <p>AM Snack Granola Bars Milk PM Snack Trix Bars Water</p>	<p><b>11</b></p> <p>AM Snack Garlic Cheerios Juice PM Snack Soft Breadstick Water</p>	<p><b>12</b></p> <p>AM Snack Veggie Straws Water PM Snack Whole Grain Snack Mix / Milk</p>	<p><b>13</b></p> <p>AM Snack Cereal Mix Water PM Snack Graham Grips Juice</p>
<p><b>16</b></p> <p>AM Snack Summer Sausage &amp; Crackers / Water PM Snack Whales Juice</p>	<p><b>17</b></p> <p>AM Snack Bagels Milk PM Snack Applesauce Water</p>	<p><b>18</b></p> <p>AM Snack Fruit &amp; Crackers Water PM Snack White Cheddar Crackers / Juice</p>	<p><b>19</b></p> <p>AM Snack Yogurt Water PM Snack Fig Neutons Milk</p>	<p><b>20</b></p> <p>AM Snack Raisins Milk PM Snack Fire Crackers Water</p>
<p><b>23</b></p> <p>AM Snack English Muffins Milk PM Snack Pretzels Water</p>	<p><b>24</b></p> <p>AM Snack Vanilla Wafers Juice PM Snack Fruit &amp; Crackers Water</p>	<p><b>25</b></p> <p>AM Snack Puffcorn Water PM Snack Party Mix Juice</p>	<p><b>26</b></p> <p>AM Snack Cheeseballs Water PM Snack Rice Cakes Milk</p>	<p><b>27</b></p> <p>AM Snack Cheese &amp; Crackers Water PM Snack Chicken in a Biscuit Juice</p>
<p><b>30</b></p> <p>AM Snack Fruit &amp; Crackers Water PM Snack Fruit Snacks Milk</p>	