July 2020 First Steps Lunch Menu

Mon	Tue	Wed	Thu	Fri
***		Hamburger Rice Hotdish Peas Bread and Butter Milk	Cheeseburger Soup Crackers Turkey Sandwich Fruit Milk	Hamburgers Spudsters Ketchup Pickles Milk
Hamburger Gravy over Rice Corn Apricots Milk	Pancakes Syrup Sausage Links Mandarin Oranges Milk	Grilled Ham and Cheese Buttered Noodles Green Beans Milk	Chicken Rice Soup Crackers Chicken Salad Sandwich Fruit Milk	10 Pepperoni Pizza Cauliflower with Ranch Fruit Milk
13 Hamburger Bean Bake Cooked Carrots Jelly Bread Milk	Macaroni and Cheese Lettuce with Red Ranch Dressing Pears Milk	15 Sausage Rice Hotdish Beets Sliced Apples Milk	16 Baked Potato Soup Crackers Bologna Sandwich Fruit Milk	Turkey Wraps Carrot Sticks with Ranch Fruit Milk
20 Scalloped Potatoes with Ham Cream Corn Bread and Butter Milk	21 Chicken Alfredo Peas and Carrots Fruit Cocktail Milk	22 Egg Bake with Ham, Cheese and Hashbrowns Buttered Toast Applesauce Milk	23 Spaghetti Soup Crackers Cheese Sandwich Fruit Milk	24 Park'n'Picnic WOW Butter Sandwich 1/2 Banana Chips Juice
27 Beef Noodle Hotdish Wax Beans Bread and Butter Milk	28 Chicken Gravy over Mashed Potatoes Steamed Broccoli Peaches Milk	29 Spaghetti with Meatballs Garlic Toast Lettuce with Red Ranch Dressing Milk	30 Turkey Noodle Soup Crackers Ham Sandwich Fruit Milk	31 Sloppy Joes Tator Tots Ketchup Cucumber & Green Pepper Slices / Ranch Milk



Mon	Tue	Wed	Thu	Fri	
		AM Snack Fruit and Crackers Water PM Snack Whole Grain Snack Mix / Milk	AM Snack Cheese Nips Juice PM Snack Poptarts Water	AM Snack Cereal Mix Water PM Snack Ranch Oyster Crackers / Juice	
AM Snack String Cheese & Crackers / Water PM Snack Graham Grips Juice	AM Snack Granola Bars Milk PM Snack Fruit and Crackers Water	AM Snack Cheeseballs Water PM Snack Chicken in a Biscuit Juice	AM Snack Animal Crackers Juice PM Snack Popcom Water	10 AM Snack Fruit Snacks & Crackers / Water PM Snack Honeycomb Milk	
AM Snack Fruit and Crackers Water PM Snack Party Mix Juice	AM Snack Bagels Milk PM Snack Fire Crackers Water	15 AM Snack Whales Juice PM Snack Soft Breadsticks Water	16 AM Snack Puffcorn Water PM Snack Rice Cakes Milk	AM Snack Vanilla Wafers Juice PM Snack Cheese and Crackers Water	
20 AM Snack English Muffin Milk PM Snack Summer Sausage and Crackers / Water	21 AM Snack Yogurt Water PM Snack Garlic Cheerios Juice	22 AM Snack White Cheddar Crackers / Juice PM Snack Fruit and Crackers Water	23 AM Snack Fig Neutons Milk PM Snack Soft Pretzel / Dip Water	24 AM Snack Applesauce Water PM Snack Ritz Bitz with Cheese Juice	
27 AM Snack Donut Holes Milk PM Snack Veggie Straws Water	28 AM Snack Fruit and Crackers Water PM Snack Fish Shaped Grahams Juice	29 AM Snack Cinnamon Toast Crunch Bar / Water PM Snack Duplex Cookies Milk	30 AM Snack Nutri Grain Bar Milk PM Snack Pudding Water	31 AM Snack Quick Snack Mix Water PM Snack Seasoned Pretzels Juice	