

# July Lunch Menu

Mon

Tue

Wed

Thu

Fri



1

Turkey Noodle Soup  
Ham Sandwich  
Crackers  
Fruit  
Milk

2

Hamburgers  
French Fries  
Pickles  
Ketchup  
Milk

5

Ham Wraps  
Carrot Sticks  
Ranch  
Fruit  
Milk

6

Beans & Weiners  
Jelly Bread  
Cooked Carrots  
Milk

7

Grilled Ham and  
Cheese  
Buttered Noodles  
Pineapple Tidbits  
Milk

8

Baked Potato Soup  
Bologna Sandwich  
Crackers  
Fruit  
Milk

9

Pepperoni Pizza  
Cucumbers/Ranch  
Fruit  
Milk

12

Hot Dogs  
Spudsters  
Cauliflower/Ranch  
Ketchup  
Milk

13

Scalloped Potatoes w/  
Ham  
Green Beans  
Apricots  
Milk

14

Sausage Gravy and  
Buttermilk Biscuits  
Mixed Vegetables  
Peaches  
Milk

15

Chicken Rice Soup  
Chicken Salad  
Sandwich  
Crackers  
Fruit  
Milk

16

Park and Picnic  
Turkey Sandwich  
Chips  
1/2 Banana  
Juice

19

Pancakes  
Polish Sausage  
Syrup  
Mandarin Oranges  
Milk

20

Sausage Rice Hotdish  
Beets  
Bread & Butter  
Milk

21

Hamburger Gravy  
over Mashed Potatoes  
Corn  
Applesauce  
Milk

22

Spaghetti Soup  
Cheese Sandwich  
Crackers  
Fruit  
Milk

23

Chicken Quesadilla  
Tater Tots  
Ketchup  
Snap Peas/Ranch  
Milk

26

Tuna Melts  
Buttered Rice  
Fruit Cocktail  
Milk

27

Chicken Alfredo  
Peas  
Pears  
Milk

28

Spaghetti  
Lettuce with Red  
Ranch  
Garlic Toast  
Milk


29

Vegetable Noodle  
Soup  
Turkey Sandwich  
Crackers  
Fruit  
Milk

30

Chicken Nuggets  
Smiley Potatoes  
Broccoli/Ranch  
Ketchup  
Milk

# July Snack Menu

| Mon  | Tue  | Wed  | Thu  | Fri  |
|--|--|--|--|--|
|      |  |  | <b>1</b><br>AM Snack<br>Granola Bars<br>Milk<br>PM Snack<br>Ranch Oyster<br>Crackers/Water   | <b>2</b><br>AM Snack<br>Vanilla Wafers<br>Juice<br>PM Snack<br>Veggie Straws<br>Water                      |
| <b>5</b><br>AM Snack<br>Honeycomb<br>Milk<br>PM Snack<br>Creme Wafers<br>Water       | <b>6</b><br>AM Snack<br>Cheeseballs<br>Water<br>PM Snack<br>Teddy Grahams<br>Juice             | <b>7</b><br>AM Snack<br>English Muffins<br>Milk<br>PM Snack<br>Fruit & Crackers<br>Water               | <b>8</b><br>AM Snack<br>Yogurt<br>Water<br>PM Snack<br>Ritz Bitz w/ Cheese<br>Juice          | <b>9</b><br>AM Snack<br>Fig Newtons<br>Milk<br>PM Snack<br>Cereal Mix<br>Water                             |
| <b>12</b><br>AM Snack<br>Trix Bars<br>Water<br>PM Snack<br>Duplex Cookies<br>Milk    | <b>13</b><br>AM Snack<br>Fruit & Crackers<br>Water<br>PM Snack<br>Fish-Shaped Grahams<br>Juice | <b>14</b><br>AM Snack<br>Animal Crackers<br>Juice<br>PM Snack<br>Soft Pretzels/Dip<br>Water            | <b>15</b><br>AM Snack<br>Graham Gripz<br>Water<br>PM Snack<br>Whole-Grain Snack<br>Mix/ Milk | <b>16</b><br>AM Snack<br>Nutri-Grain Bars<br>Milk<br>PM Snack<br>Puffcorn<br>Water                         |
| <b>19</b><br>AM Snack<br>Cheese Nips<br>Water<br>PM Snack<br>Party Mix<br>Juice      | <b>20</b><br>AM Snack<br>Donut Holes<br>Milk<br>PM Snack<br>Fire Crackers<br>Water             | <b>21</b><br>AM Snack<br>White Cheddar<br>Crackers/Juice<br>PM Snack<br>String Cheese &<br>Fruit/Water | <b>22</b><br>AM Snack<br>Quick Snack Mix<br>Water<br>PM Snack<br>Muffins<br>Milk             | <b>23</b><br>AM Snack<br>Cinn. Sugar Cheerios/<br>Juice<br>PM Snack<br>Summer Sausage &<br>Crackers/ Water |
| <b>26</b><br>AM Snack<br>Chicken In a Bisuit<br>Water<br>PM Snack<br>Whales<br>Juice | <b>27</b><br>AM Snack<br>Fruit Snacks &<br>Cracker/ Water<br>PM Snack<br>Rice Cakes<br>Milk    | <b>28</b><br>AM Snack<br>Pretzels<br>Juice<br>PM Snack<br>Soft Breadstick<br>Water                     | <b>29</b><br>AM Snack<br>Bagels<br>Milk<br>PM Snack<br>Pudding<br>Water                      | <b>30</b><br>AM Snack<br>Poptarts<br>Milk<br>PM Snack<br>Applesauce<br>Water                               |